

Elementary "Guidance" Syllabus

Emily Rickertsen- School Counselor

Kindergarten Topics

Manners
Feelings Identification and Exploration
Growth Mindset
Listening Skills
Making and Keeping Friends
Personal Safety
Outdoor Safety

Technology- may use Promethean board to show videos/clips to support learning

ASCA Mindsets & Behaviors

M. 1	M. 2	M.4
SMS. 1	SMS. 7	SMS. 9
SS. 1	SS. 2	SS. 5

First Grade Topics

Making and Keeping Friends
Responsibility
Growth Mindset
Feelings, Coping Skills & Decision Making
7 Habits of Happy Kids
Career Exploration
Personal Safety

Technology- may use Promethean board to show videos/clips to support learning

ASCA Mindsets & Behaviors

M. 1	M. 2	M.4
M. 6	LS. 2	SMS. 1
SMS. 6	SMS. 7	SMS. 9

Second Grade Topics

Peaceful Conflict Resolution
Friendships and Positive Relationships
Kindness and Empathy
Growth Mindset
Responsibility
Career Exploration
Personal Safety

Technology- may use Promethean board to show videos/clips to support learning

ASCA Mindsets & Behaviors

M. 1	M. 2	M.4
M. 5	LS. 2	LS. 4
LS. 8	SMS. 1	SMS. 2
SMS. 7	SMS. 9	SS. 1
SS. 2	SS. 3	SS. 5
SS. 6	SS. 7	SS. 9

Third Grade Topics

Responsibility
Identifying and Managing Emotions
Peer Conflicts
Self Control
Personal Safety

Technology- may use Promethean board to show videos/clips to support learning, may also use Chromebooks to access materials such as google forms or Seesaw

ASCA Mindsets & Behaviors

M. 1	M. 2	M.4
M. 5	LS. 2	LS. 4
LS. 8	SMS. 1	SMS. 2
SMS. 7	SMS. 9	SS. 1
SS. 2	SS. 3	SS. 5
SS. 6	SS. 7	SS. 9

Fourth Grade Topics

Peer Conflicts
Types of Conflict and Conflict Resolution
Feelings and Belonging
Stress Management
Personal Safety

Technology- may use Promethean board to show videos/clips to support learning, may also use Chromebooks to access materials such as google forms or Seesaw

M. 1	M. 2	M.4
M. 5	LS. 2	LS. 4
LS. 8	SMS. 1	SMS. 7
SMS. 9	SS. 1	SS. 2
SS. 3	SS. 5	SS. 6

Fifth Grade Topics

Peer Conflicts

Emotional Identification and Regulation

Friendship and Belonging

Personal Safety

Technology- may use a Promethean board to show videos/clips to support learning, may also use Chromebooks to access materials such as google forms or Seesaw.

M. 1	M. 2	M.4
M. 5	LS. 1	LS. 2
SMS. 9	SS. 1	SS. 2
SS. 3	SS. 5	SS. 6
SS. 7	SS. 9	

ASCA (American School Counselor Association) Mindsets & Behaviors

- School counselors are encouraged to follow mindsets for all students
 - It is my goal to meet these all throughout the student's time in elementary school. However, some of these more heavily pertain to the middle school and high school years.
- School counselors provide culturally sustaining instruction, appraisal and advisement, and counseling to help all students demonstrate all of the behavior standards.
 - The link below will take you to a pdf that lists the Mindsets & Behaviors as mentioned above.

<https://www.schoolcounselor.org/getmedia/7428a787-a452-4abb-afec-d78ec77870cd/Mindsets-Behaviors.pdf>